

# Hospice at Home Thames hospice

*A guide to caring for you at home*

**At Thames Hospice, we understand how important it is for many people facing a serious illness to remain at home, surrounded by loved ones and familiar comforts.**

Our Hospice at Home services are here to provide compassionate care, emotional support and practical advice to help you live well for as long as possible.

We work closely with GPs, district nurses and other healthcare professionals to ensure your care is seamless and everyone involved is kept informed. Our aim is to support you and your loved ones through every stage of your illness with whatever is important to you.



**“We are here to support you, your close friends and family throughout your illness.”**

## How we can support you

**When you are referred to us, one of our nurses will assess your needs and create an individualised care plan. If visiting our clinic at the Hospice in Maidenhead is not possible, we will come to you.**

### Our care may include:

- Symptom management
- Advance care planning
- Emotional support
- Practical advice and guidance

Whilst under our care a number of Hospice colleagues may visit you at home including doctors, nurses, paramedics and health care assistants – each with specialist skills tailored to support your needs.

We are deeply sympathetic to the importance of spiritual and religious considerations, and our team is here to support you in recognising these needs throughout your illness and at the end of life.



### Spending your final days at home

If it is your wish to spend your final days at home, our team will do everything they can to make this happen. They will be on hand to support you and your loved ones.

Our clinical colleagues provide specialist end-of-life care, ensuring your wishes are respected, and you remain comfortable, safe and cared for compassionately.

We work closely with healthcare professionals to support rapid discharge from hospital and help reduce unplanned hospice admissions.

## Here for you



We are here for you 24-hours a day, seven days a week, to provide guidance on symptom control, practical advice, and emotional support.

**Please call us anytime on 01753 848925.**

**24-Hour telephone advice line**

## Other services

### Hospice Outpatient Services

Our Paul Bevan Wellbeing Centre offers a range of therapies and activities, including:

- Structured outpatient programmes
- Counselling
- Complementary therapy
- Physiotherapy
- Lymphoedema services

### Inpatient Services

If more complex symptom management or end-of-life care is needed, we can help arrange admission to our Inpatient Unit. Surrounded by beautiful gardens overlooking Bray Lake, each room offers an en-suite bathroom and space for loved ones to stay overnight.

**“In my hour of need you were there. I can't thank all the nurses enough who came out in the middle of the night to give Mo some comfort and support.”**



# Get in touch

This leaflet is also available in other languages. Please visit [www.thameshospice.org.uk/hospicecareforall](http://www.thameshospice.org.uk/hospicecareforall) or drop us an email.



To contact our Hospice at Home team or to enquire about a referral call **01753 848925**.



[www.thameshospice.org.uk](http://www.thameshospice.org.uk)



[intouch@thameshospice.org.uk](mailto:intouch@thameshospice.org.uk)

## All our services are free

But we are only able to do this thanks to the incredible support we receive from our local community. **The government only covers 30% of our costs** - we need to raise £39,000 each day to fund our services and support all those who need our care.



### Join the Thames Hospice community

You can help us in many ways by donating, fundraising, volunteering as well as shopping in our stores. Find out more: [www.thameshospice.org.uk/supportus](http://www.thameshospice.org.uk/supportus)