Breakfast (8-10.30am)

- Hot porridge with toppings such as seeds, chocolate chips, honey, raisins
- Egg, bacon or sausage roll
- Yoghurt bar, build your own with add on items such as fresh fruit, honey, granola
- Breakfast cakes and muffins
- Breakfast panini

Mid-morning

- Filled croissants with cheese, ham or tomato
- Danish pastries (also available at breakfast)
- Tray bakes such as brownies, millionaire shortbread, lemon drizzle, flapjacks

Lunch (12-2pm)

- Daily specials available, meat &/or fish dish plus a vegetarian option, with add on specials such as hot Grab & Go and street food items
- Jacket potato with different fillings
- Soup station with fresh bread and toppings, such as croutons, pumpkin seeds, chilli flakes
- Selection of different paninis
- Sandwiches and protein pots, from Grab & Go
- Salad bar, to include selection of different salads such as pasta salad, beetroot & feta, oriental slaw, cous cous, spiced herbs and grilled mediterranean veg, green salad, chefs salad. Add on protein pots available

Mid-afternoon (2-7pm)

- Selection of cakes, such as carrot cake, chocolate sponge, coffee and walnut, victoria sponge, lemon cream cake, banana & toffee, chocolate & beetroot, fresh scones
- Grab & Go open with sandwiches and paninis available

View our daily specials on the next page
Daily specials 7-13 June

Monday
Baked cod fillet with a light parsley sauce, potatoes & vegetables
Shepherdess pie with lentils, topped with mash & served with vegetables
Soup of the day: Tomato & basil

Tuesday
Chicken pie, served with potatoes & vegetables
Somerset stew with spring onion mash
Soup of the day: Cauliflower cheese

Wednesday
Honey roast gammon with new potatoes, vegetables & mustard gravy
Vegetable curry, served with a poppadom, rice & chutney
Soup of the day: Butternut squash

Thursday
Beef lasagne, served with chips & side salad
Cheese & tomato quiche, served with new potatoes & salad
Soup of the day: Leek & potato

Friday
Catch of the day served with mushy peas, chips & tartare sauce
Vegetarian sausage roll, served with chips & baked beans
Soup of the day: Cream of asparagus

Saturday
Shepards pie with creamy mash & vegetables
Macaroni cheese with cherry tomatoes & mushrooms
Soup of the day: Parsnip & apple

Sunday
Roast beef with horseradish sauce, Yorkshire pudding, roast potatoes & vegetables
Cider & lentil nut loaf with all the trimmings
Soup of the day: Courgette & brie