FOOC

Breakfast Served 8-10.30am			Lunch Served 12–2pm	
Hot porridge		£2.00	Main hot dish of the day	from £8.95
Add toppings	from	£0.30	Vegetarian dish of the day	from £8.25
Bacon or sausage roll		£3.20	Jacket potato (all served with salad)	
Build your own yoghurt bowl	from	£2.00	One filling	£6.95
Fresh fruit, honey and granola			Two fillings	£7.95
Breakfast cakes and muffins	from	£2.30	Special filling	£8.95
Breakfast panini	from	£3.30	Soup of the day	£3.95
Fresh fruit pots	from	£1.90	Served with fresh bread and a selection of toppings; croutons, pumpkin seeds or chilli flakes	
Mid-morning			French fries	£2.60
Filled croissant	from	£2.50	Roast dinner (Sundays only)	£11.50
Cheese, ham or tomato				
Danish pastries	from	£2.40	Salad Bar Served 12-2pm	
Tray bakes	from	£2.50	Side salad	£2.20
Such as brownies, millionaire			Small salad	£4.10
shortbread, lemon drizzle and flapjacks			Large salad	£6.20
Grab & go Available all day			Mid-afternoon Served 2pm onw	rards
Sandwiches	from	£2.60	Selection of cakes available daily	from £3.20
Vegetarian options	from	£2.40	Such as carrot cake, chocolate	
Baguettes	from	£3.60	sponge, fresh scones	
Vegetarian options	from	£3.20		
Paninis*	from	£6.95		
Vegetarian options	from	£5.95		

*served with salad or chips





Drinks

	Regular	Large
Americano Strong coffee with a rich deep golden foamed head – black or white	£1.85	£2.05
Cappuccino A sophisticated mixture of the finest espresso & delicious frothy milk	£2.50	£2.90
Flat white Double shot of strong espresso with velvety foamed milk	£2.50	£2.90
Mocha Exotic mix of strong espresso & real chocolate laced with foamed milk	£2.55	£2.95
Café latte A strong espresso with steaming foamed milk	£2.50	£2.90
Hot chocolate Sweet hot chocolate with steamed milk	£2.50	£2.90
Deluxe hot chocolate With cream & marshmellows	£2.90	
Extra syrup shot Why not add a syrup shot to your coffee?	£0.95	
Traditional tea/decaf	£1.90	
Infused/speciality tea	£2.20	
Selection of cold drinks	from £1.50	